

bowls

açai primo™
510 CAL CONTAINS COCONUT + SOY
strawberries, açai blend, blueberries,
soymilk, bananas
WHAT'S ON TOP bananas, strawberries, organic
granola, blueberries, honey, shredded coconut

vanilla blue sky™
330 CAL CONTAINS ALMOND + COCONUT
bananas, pineapples, unsweetened almondmilk,
vanilla coconutmilk, blue spirulina
WHAT'S ON TOP organic granola, strawberries,
blueberries, coconut chips

chunky strawberry™
580 CAL CONTAINS MILK, PEANUT + SOY
strawberries, soymilk, bananas, nonfat Greek
yogurt, organic granola, peanut butter
WHAT'S ON TOP bananas, organic granola,
strawberries

island pitaya™
480 CAL CONTAINS COCONUT
pineapple juice, organic dragon fruit, mangos,
pineapples, bananas
WHAT'S ON TOP bananas, strawberries, organic
granola, blueberries, honey, shredded coconut

oatmeal
170 CAL CONTAINS SOY
organic steel-cut oats, soymilk concentrate

PICK TWO TOPPINGS

bananas 60 CAL	organic granola 100 CAL
blueberries 10 CAL	brown sugar crumbles 40 CAL
strawberries 5 CAL	honey 30 CAL
coconut chips 25 CAL	organic agave 25 CAL
shredded coconut 25 CAL	

FRESH shots

ginger lemon cayenne
15 CAL

ginger orange cayenne
25 CAL

wheatgrass juice
15 CAL CONTAINS WHEAT

We believe in the good stuff...

NO ARTIFICIAL COLORS
NO ARTIFICIAL FLAVORS
NO ARTIFICIAL SWEETENERS
NO HIGH FRUCTOSE CORN SYRUP

...in every smoothie, juice and bowl.

power SMOOTHIES

açai super-antioxidant™
340/440/540 CAL CONTAINS MILK + SOY
soymilk, açai blend, strawberries, blueberries, raspberry
sherbet, daily vitamin + zinc boost

pb + banana protein
WHEY PROTEIN 540/630/810 CAL
CONTAINS MILK, PEANUT + SOY
PEA PROTEIN 530/620/810 CAL
CONTAINS MILK + PEANUT
reduced fat milk, bananas, peanut butter,
whey protein or pea protein, honey

protein berry workout™
WHEY PROTEIN 300/390/440 CAL
CONTAINS MILK + SOY
PEA PROTEIN 290/380/430 CAL
soymilk, strawberries, bananas, with whey protein or
pea protein

pb chocolate love™
400/580/760 CAL
CONTAINS MILK + PEANUT
chocolate moo'd dairy base, reduced fat milk, bananas,
peanut butter

orange c-booster™
240/330/410 CAL CONTAINS MILK + SOY
orange juice, orange sherbet, peaches, bananas,
daily vitamin + zinc boost

lotta horchata
190/280/320 CAL
CONTAINS ALMOND + MILK
unsweetened almondmilk, fat free vanilla frozen
yogurt, cold brew coffee, honey, cinnamon

la vida mocha
270/420/510 CAL
CONTAINS MILK
fat free vanilla frozen yogurt, chocolate mood
dairy base, cold brew coffee

FRESH-SQUEEZED juices

purely orange™
220/310/390 CAL

purely carrot™
190/270/340 CAL

orange carrot twist™
210/290/360 CAL

classic SMOOTHIES

mango-a-go-go®
300/400/510 CAL CONTAINS MILK
passion fruit mango juice blend, mangos,
pineapple sherbet

caribbean passion®
260/340/420 CAL CONTAINS MILK
passion fruit mango juice blend, orange sherbet,
strawberries, peaches

razzmatazz®
270/360/460 CAL CONTAINS MILK
mixed berry juice blend, orange sherbet,
strawberries, bananas

strawberry surf rider™
250/340/420 CAL CONTAINS MILK
lemonade, lime sherbet, strawberries, peaches

aloha pineapple®
310/400/510 CAL CONTAINS MILK
pineapple juice, pineapple sherbet, strawberries,
bananas, nonfat Greek yogurt

strawberries wild®
240/340/430 CAL CONTAINS MILK
apple strawberry juice blend, fat free vanilla frozen
yogurt, strawberries, bananas

white gummi
320/450/590 CAL CONTAINS MILK + SOY
peach juice blend, pineapple sherbet, soymilk, lime sherbet,
orange sherbet, mangos, raspberry sherbet

orange dream machine®
310/440/550 CAL CONTAINS MILK + SOY
orange juice, orange sherbet, soymilk, fat free vanilla frozen
yogurt

peanut butter moo'd®
430/720/910 CAL CONTAINS MILK, PEANUT + SOY
fat free vanilla frozen yogurt, soymilk, chocolate moo'd dairy base,
bananas, peanut butter

matcha green tea blast®
270/410/500 CAL CONTAINS MILK + SOY
soymilk, fat free vanilla frozen yogurt, matcha green tea



personalize it!

MILK ALTERNATIVES

oatmilk
unsweetened almondmilk
vanilla coconutmilk
soymilk



**oatmilk
frozen
dessert**

add a boost

NEW!
PREMIUM BOOST
pea protein 60 CAL

WHOLE FOOD BOOSTS
kale 15 CAL
pumpkin seeds 130 CAL
peanut butter 100 CAL
nonfat Greek yogurt 40 CAL
blue spirulina 5 CAL
matcha 5 CAL

FREE!*
VITAMIN + PROTEIN BOOSTS
soy protein 25 CAL
whey protein 70 CAL
daily vitamin + zinc 15 CAL
3G energy 5 CAL

*additional charge after first free boost

jamba kids

blueberry strawberry blast-off™
190 CAL
mixed berry juice blend, blueberries, strawberries, bananas

strawberries gone bananas™
150 CAL
apple strawberry juice blend, strawberries, bananas



plant-based SMOOTHIES

apple 'n greens™
250/320/400
apple strawberry juice blend, kale, mangos,
bananas, peaches

mega mango™
210/310/350
orange juice, pineapple juice, mangos, strawberries

strawberry whirl™
210/300/350 CAL
apple strawberry juice blend, strawberries, bananas

greens 'n ginger™
230/290/380 CAL
lemonade, peaches, kale, mangos, ginger puree

pomegranate paradise™
220/320/380 CAL
pomegranate juice blend, mangos, strawberries,
peaches

peach perfection™
210/310/360 CAL
peach juice blend, mangos, peaches, apple strawberry
juice blend, strawberries

smooth talkin' mango™
250/370/440 CAL
oatmilk, mangos, pineapples, organic agave

vanilla blue sky™
210/280/360 CAL
CONTAINS ALMOND + COCONUT
unsweetened almondmilk, vanilla coconutmilk,
bananas, pineapples, blue spirulina

Allergy concerns? Please let us know when ordering. Our products may contain milk, soy, tree nuts, peanuts, wheat, eggs, other fruits + juices in addition to the listed flavors. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. Please visit www.jamba.com for details.

plant-based

At Jamba, we strive to have great-tasting options to fit all lifestyles equally. Our Plant-Based smoothies, juices, and bowls feature real fruit and vegetables and offer options for our guests who are looking to avoid eggs, dairy and honey. We care about our guests and respect their choices to avoid ingredients where possible. These designations are easy to find on our menus with the Plant-Based icon.



MURAL BY
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